



PRESS RELEASE

A resounding success at the second edition of the [Montreal Diet Dispensary's](#) Baby Race

For immediate distribution

Montreal, February 26, 2019 – As soon as Cathy Wong, President of the Montreal City Council and City Councilor for the Peter-McGill district, gave the starting signal, all tricks and trinkets were allowed for parents to encourage their baby to cross the finish line. The second edition of the Baby Race, held on February 23rd at McGill's Currie Gymnasium Sports Center, was crowned a success. It starred 12 babies of families followed by the Dispensary.



"I am very happy to see my daughter in such good health today, which would not have been possible without the invaluable help and advice from the Dispensary. The victory is anecdotal, but it gives me confidence for her future," says Josephine Bridget Amavi, mother of Akinrinola, the race's winning baby.

The Dispensary's Baby Race is a way of highlighting the impact of the Dispensary's interventions for pregnant women in need. As Jackie Demers, Executive Director of the Dispensary states, *"The Baby Race is a playful event that perfectly symbolizes our actions: the Dispensary's aims to ensure that every child has a good start in life!"*

The Dispensary's mission seduced McGill University's Sports and Physical Activity Department, who graciously accepted to host the race. *"Everyone needs a good start in life and we are committed to providing students and the community the opportunity to participate in physical and sports activities in an inclusive environment that values health, well-being and the importance of maintaining an active lifestyle,"* says Julie Audette, Communications Manager.



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Unique in Canada, this event took place during the half-time of a women's basketball match between McGill's Martlets and the *Rouge et Or* from Université Laval.

About the Dispensary

Founded in 1879, the Montreal Diet Dispensary is Quebec's leader in social nutrition. Thanks to its innovative clinical and social interventions, the Dispensary helps on average 1 000 of these women in the Greater Montreal each year to nourish themselves adequately and give birth to healthy babies.

- 30 -

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